

Subject Intent through our Values

Community- Through PE, children learn to work together and co-operate with each other. When possible, the children participate in sporting events with other schools in our local area and represent their own school community.

Peace- Pupils are taught to show good sportsmanship, work well as part of a team and encourage and support each other. We teach children reflective and calming exercises through sports such as yoga and fitness.

Love- Through our P.E. curriculum, we develop our love for the importance of physical activity and maintaining healthy and active lifestyles. We appreciate the agility, balance and co-ordination our bodies experience and the skills we can practise and develop. Sporting activity brings a sense of fulfilment and well-being that enhances our lives.

Resilience- The development of resilience is a thread that runs throughout PE curriculum as children's knowledge and skills of the subject build over time. Children are encouraged to reflect on their learning and consider what they could do better next time.

How we make our curriculum exciting and engaging and increase children's cultural capital:

- From September 2024, we have installed a 'pop-up' swimming pool to ensure Y2 – Y6 pupils are taught the essential life skills associated with swimming. Additionally, a swimming club for Y3 has been set up to encourage high levels of participation and skills development.
- We have funded a gymnastics club to encourage higher levels of participation.
- Several enrichment opportunities are available to children throughout the school year, some of these include Cricket coaching from Surrey Cricket, Yoga from a trained Yoga Instructor and Tennis coaching from Ash Manor tennis club.
- Beyond our PE curriculum our Y6 residential provides opportunities to increase pupil's resilience and expose them to new opportunities.

Our Curriculum Approach

We use **Get Set 4 PE alongside** our swimming programme to support the teaching and learning of physical education.

The curriculum is structured to ensure that all national curriculum statements are taught incorporating: gymnastics, dance, ball skills, athletics, fitness, invasion games as well as fundamental skills within each year group. The curriculum is sequenced to ensure that learners review and build on previous skills so that pupils can take part in a range of sporting activities and gain a suitable depth of knowledge.



How we develop children's language, including subject specific and technical vocabulary and oracy.

New vocabulary is introduced as pupils progress through the school.

Our planning documents **identify new vocabulary** to be explicitly taught, to support the **progression** of pupils.

Question and response time features within every lesson to develop pupils' PE language and **metacognition**.

Spirituality

Spirituality is embodied through PE as our children engage in activities that promote holistic well-being and a connection between mind and body. Pupils explore their physical capabilities, fostering an appreciation for the harmony between the body, mind, and spirit. Pupils experience a sense of presence, discipline, and teamwork, contributing to their spiritual development.

How we Adapt Teaching to meet the needs of our Pupils:

Our curriculum supports teachers to adapt learning using the 'STEP' approach, considering ways in which learning can be made accessible through adaptations to space, task, equipment and/or people.

- Small steps instructions
- High quality demonstrations
- Cumulative physical challenge

Big Ideas

Our curriculum draws out three core areas of key conceptual knowledge (substantive knowledge):

- Motor competence
- Rules, strategies & tactics, and
- Healthy participation

The disciplines involved in this subject to develop pupils thinking like a subject expert include:

Resilience, skill, physical & mental fitness, competition and collaboration.

Teaching and Learning Approaches used in this subject:

Throughout each PE lesson, pupils follow a sequence of:

- Warm up and introduction – which includes recap and retrieval of previous skills and knowledge
- Skill development – which includes isolation of specific skills and deliberate practice followed by application of knowledge and skills.
- Plenary session – which includes reflective questions, drawing out of core knowledge and self/peer evaluation.
- Whole school approaches include cold calling and talk partner strategies.

How we Assess:

Lessons utilize questioning and retrieval practice to help teachers identify students needing extra support, those making good progress, and gifted students requiring more challenges. Parents receive updates on their child's PE attainment in the end-of-year report.