What is Safer Internet Day?

Safer Internet Day 2020
Tuesday
11th February 2020

Safer Internet Day is celebrated globally in February each year in over a hundred countries to promote the safe and positive use of digital technology for children and young people and inspire a national conversation. Coordinated in the UK by the UK Safer Internet Centre, the celebration sees hundreds of organisations get involved to help promote the safe, responsible and positive use of digital technology for children and young people.

Safer Internet Day is a fantastic opportunity to reflect as a family about how you can use the internet and technology safely, responsibly and positively. Whether you are a parent, grandparent, foster carer, aunt, uncle or older sibling – we can all play a role in empowering children to enjoy their time safely online!

What messages are covered this Safer Internet Day?

This year in the UK, Safer Internet Day will encourage young people to explore how they manage their online identity, and how the internet shapes how they think of themselves and others. We want Safer Internet Day 2020 to celebrate difference and help us work towards creating a truly inclusive internet.

This pack has been created to support your family in having conversations and taking part in activities which will have a positive impact on your online lives.

About this pack

This pack for parents and carers includes ideas, information and activities to help you talk to your child about using the internet and technology positively and safely.

This pack contains:

Conversation starters	Helpful questions and phrases to help start a conversation with young people about online safety.
Resource sheet	Useful sources of advice and information online, including how to report online issues.
Quick activities	Fun activities that you can do together to explore ways to stay safe and positive when using technology.
Fun things to do	Online activities and resources for parents/carers with younger children.
Family internet safety plan	A plan to help your family shape the way you will use the internet and technology safely, responsibly and positively.
Get involved	Tips and information on how you can play your part and share messages about Safer Internet Day with people you connect with online and offline.

Further information

More information about Safer Internet Day and activities taking place across the UK to mark the day can be found at www.saferinternet.org.uk/safer-internet-day/2020

For more information and advice on helping young people to stay safe online, please visit www.saferinternet.org.uk/parents-and-carers

To join in the conversation on social media use the hashtags **#SaferInternetDay** and **#freetobe**.

UK Safer Internet Centre

saferinternetday.org.uk   #freetobe

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